

What my body does for me:

1

2

3

4

5

What I love about my body:

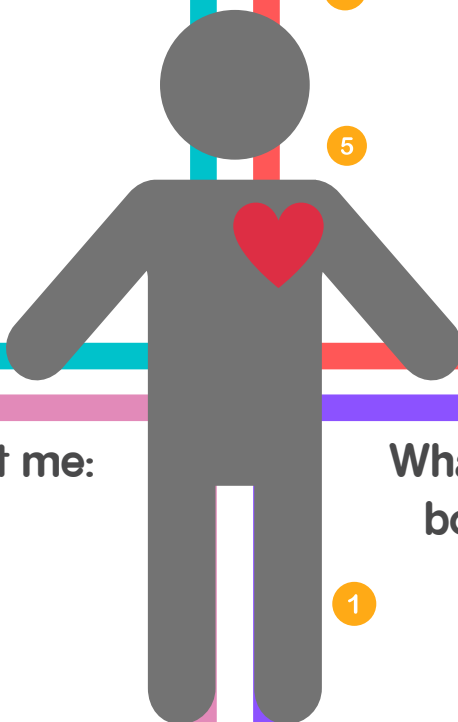
1

2

3

4

5



What's unique about me:

1

2

3

4

5

**What I can do to help my
body stay strong and
healthy:**

1

2

3

4

5