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**2021 Xmas 5-Days Orienteering**

**Southern Highlands, December 27-31**

**Covid-19**

The event will be run following strict covid guidelines which will be included on the 5 Days web site, also in the event program and links will also emailed to all competitors immediately prior to the event.

Travel restrictions and border controls, are fluid.  Prior to travelling to the event and particularly prior to entering NSW, you should check the latest  [NSW Public Health Orders](https://www.health.nsw.gov.au/Infectious/covid-19/Pages/public-health-orders.aspx).

"Safety provisions will also apply in the event of extreme temperatures and/or bushfires, possibly including alternate venues or cancellations."

Water may be provided on courses at the discretion of the controller for that day. This will be advertised for that day.

Competitors are strongly advised to bring their own water and to carry water on their courses.

**Venues**

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| **Date** | **First Start** | **Event** | **Map** | **Club** | **Event Link** |
| Mon Dec 27 | 4pm | Bush sprint | Welby | SHOO | [Day 1](https://eventor.orienteering.asn.au/Events/Show/16230) |
| Tues Dec 28 | 8am | Long | Belanglo SF | IKO | [Day 2](https://eventor.orienteering.asn.au/Events/Show/16231) |
| Wed Dec 29 | 8am | Middle | Penrose SF | Stingers | [Day 3](https://eventor.orienteering.asn.au/Events/Show/16232) |
| Thurs Dec 30 | 8am | Middle | Wattle Ridge (updated) | BN | [Day 4](https://eventor.orienteering.asn.au/Events/Show/16233) |
| Fri Dec 31 | 8am | Sprint | St Gregory’s College (new) | SHOO | [Day 5](https://eventor.orienteering.asn.au/Events/Show/16234) |

**Format**

Best 4 of 5 results to count.

**Event Information**

The 5-days program will be available through the [Eventor Entry Portal](https://eventor.orienteering.asn.au/Events/Show/15939) from Tue Dec 14th.

See also the Xmas 5-Days [web page](https://onsw.asn.au/xmas-5-days).

**Start Times**

Walk up starts within a set start window for each day will be used. 1 minute start intervals

**Entry Fees (Per Day):**

Members: Senior $25, Junior $16, Sub-junior $12.50

Casuals/Non-members: add $3

Sport Ident Hire: $4 per day

Entries close: midnight **Tuesday December 14th**

***NO EOD will be available any day due to Covid distancing rules.***

**Important Entry Information**

* If you are intending to run the same class for all 5 days, please enter [here](https://eventor.orienteering.asn.au/Events/Show/15939) via Eventor
* If you are entering individual days or wish to enter different classes on different days, use the daily entry event for each of the days.

If you wish to have your result counted in the overall competition **you must enter** **the same course each day.**

**Accommodation**

Mittagong and nearby towns offers a wide variety of accommodation; visit the [Mittagong Tourism website](https://www.visitnsw.com/destinations/country-nsw/southern-highlands/mittagong)

Goulburn is another option visit the [Goulburn Tourism website](https://www.goulburnaustralia.com.au/)

Alternate sites for accommodation include AirBnB, Stayz, Booking.com.

**NB: Belango House is closed due to Covid Restrictions**

**Courses/Classes**

Course lengths are a guide, as are the suggested age classes.

You choose the distance you want to run each day!

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|  | **Course\*** | **Men Class** | **Women Class** | **Suggested age guides** |
| **1** | Hard 1 - 7km | Men A |  | M21 |  |
| **2** | Hard 2 - 6km | Men B | Women A | M20,35 | W21 |
| **3** | Hard 3 - 5km | Men C | Women B | M16, 45 | W20,35 |
| **4** | Hard 4 - 4km | Men D | Women C | M55 | W16,45 |
| **5** | Hard 5 - 3km | Men E | Women D | M65+ | W55+ |
| **6** | Moderate 3.5km | Men F | Women E |  |  |
| **7** | Easy | Men G | Women F |  |  |
| **8** | Very Easy  | M/W Novice |  |  |

\*Approximate distances only and does not apply to the days 1 and 5.

**Event Co-ordinator**

Colin Price colinp53@yahoo.com.au Mob. 0415210339

**Locality Map (approximate only)**

Day 1

Day 2

Day 3

Day 4

Day 5